

Twin Rivers Unified School District
WPCS-FRONTIER CAMPUS
6691 Silverthorne Circle
Sacramento, CA 95842

**Letter of Intent to Return 2023-2024
& Elective Class Choice**

February 22, 2023

Dear WPCS - Frontier Campus family,

Hope this letter finds your family staying healthy. We are preparing our enrollment for the 2022-2023 school year and are preparing class lists. Please notify us of your intentions to return next year by responding with your elective choice below. Keep in mind that the following are required in order to participate in the 8th grade promotion.

- ❖ The student must achieve a minimum GPA of 2.0 or be working at ability level.
- ❖ The student may not have an “F” in the last trimester.
- ❖ Students on IEPs need to meet or working towards the goals of their IEP.
- ❖ The student must have completed all 15-Community Service hours before promotion.
- ❖ The student must have submitted every Field Study Day report.
- ❖ Students may not have any suspensions in the last trimester, no more than 3 unexcused periods, or no more than 5 days of unexcused absences in the 3rd trimester.
- ❖ Students may not have any unpaid fines or fees.

Students who are returning to WPCS – Frontier Campus will be assigned to classes. To assist in assigning an Elective Class, your student will have the option of the following: Leadership/Mindfulness, AVID, Teacher/Office Assistant, 21st Century Skills, Positive Psychology and Career Choices. Have your student rank his/her First and Second Choice by using the link below. We will be using your information, as well as academic history, to place your student into his/her Elective class. Homeroom class assignments will be posted prior to the beginning of the school year in Aeries Parent Portal once you update and completed the Parent Data Confirmation page during the end of July/early August 2023.

To help us prepare the class lists for the 2023-2024 school year, please inform us of your Intentions to Return and Elective Choice by submitting your online response by using [THIS LINK](#) on or before **Friday, March 31, 2023**.

Thank you in advance for your support and response.

Sincerely,

Mai Yang
Principal

Elective Descriptions Options

- 1) **Life Skills: Mindfulness**- Mindful awareness is like training a muscle. It is not a quick fix; instead, it is practicing being with all experiences. Students will train their brain and create new neural pathways using mindfulness activities to practice letting go of distractions. Practicing mindfulness on a regular basis encourages positive health effects, including more positive emotions, stress reduction, and increased focus and attention

- 2) **Life Skills: Positive Psychology**: is a branch of psychology focused on the character strengths and behaviors that allow individuals to build a life of meaning and purpose—to move beyond surviving to flourishing. Students will identify their character strengths, explore gratitude, positive journaling and class will help improve students emotional health.

- 3) **Advancement Via Individual Determination (AVID)** – AVID is a unique program designed to help students prepare for college. The curriculum follows the international AVID model and alternates between the four main AVID components: Writing strategies for Success College and Careers and Collaborative Tutorial.

- 4) **Teacher’s Assistant** – This class is designed to provide students who have had some business training an opportunity to put to practical use some of the skills, which they have acquired in the classroom. Students file, operate photocopiers, answer the telephone and perform numerous other clerical duties. Students rotate to various job assignments in order to broaden their office experience. Since no homework is required, students may be asked to assist before or after school.

- 5) **Career Choices**: Students will explore the 8 Habits of highly successful students and apply those skills and knowledge with career exploration and charting their path.
 - Habit 1: Be Proactive. I am a responsible person. ...
 - Habit 2: Begin with the End in Mind. I plan ahead and set goals.
 - Habit 3: Put First Things First.
 - Habit 4: Think Win-Win.
 - Habit 5: Seek First to Understand, Then to be Understood.
 - Habit 6: Synergize.
 - Habit 7: Sharpen the Saw.
 - Habit 8: Find Your Voice

- 6) **21st Century Skills: Geography**: *World Geography includes the study of the Earth’s physical features as well as the ways in which humans interact with and alter the world around them. Each major region of the world will be studied. The course will emphasize developing critical reading and writing skills as well as map interpretation.*